



Editorial

Nearly two years have elapsed between the launch of the “Revista Portuguesa de Psiquiatria” (*Portuguese Journal of Psychiatry*), in 2015, and publication of this issue. This delay was due to the need to change the journal’s online platform, entailing a series of IT and editorial procedures that unfortunately took some time. Nevertheless, the change was for the better, as we now have a secure submission process that guarantees a set of demanding editorial requirements and procedures; that is to say, at the same level as other prestigious medical journals. Thus the groundwork has been done to enable the Revista Portuguesa de Psiquiatria to grow, and in time to ensure indexing in international medical databases.

Our editorial commitment henceforth to publish all articles in Portuguese and English is a proof of this effort, which we expect to be rewarded in due course. To achieve the success desired, we count on the cooperation of various proofreaders and on the submission of high-quality scientific papers. This means a joint effort, specifically between authors, proofreaders and editors.

We know that it is not always easy to reconcile clinical care with medical research. Clinical routine and the need to provide patients with care often make it difficult to plan and carry out original clinical studies that are, moreover, of editorial interest to us. In this context, the participation of junior doctors is fundamental as, with their youth and enthusiasm, they can help to create a stronger research dynamic in the various psychiatry departments in Portugal.

We believe that the existence of a quality psychiatry journal is paramount, as it enables junior doctors, with the cooperation of more experienced specialists, to receive the necessary training in how to plan a study, carry it out, present data appropriately, discuss results and draw conclusions. This work is part of the training of psychiatry interns. Publication of a Portuguese journal in the field of psychiatry is therefore essential, as it contributes to the quality of postgraduate medical training and enhances clinical research in Portugal.

Lastly, we call on our colleagues to contribute by submitting articles, so that we may take this editorial project forward and make it a success.

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